

## **January**

Ham & Turkey Chef Salad

Veggie Hoagie

Chicken Enchiladas

Camp Fire Beans

Fresh Baby Carrots

Coleslaw

Chicken Ranch Salad

Egg Salad Sandwich

Beef Taco Salad

Egg Salad Sandwich

Macaroni & Cheese

Steamed Broccoli

Red Peppers Fresh

Potato Salad

Egg Chef Salad

Asian Chicken Wrap

2017

**Neshaminy Middle School Lunch Menu** 

Daily Fruit, Sides and Milk Options

Fruit Cocktail, Diced Peaches, Orange, Apple, Apple Sauce, Cantaloupe, Mandarin oranges 100% Fruit Juice, French Fries Milk Choice

Daily Grill Station Options Built to Order Golden Crispy Chicken Tenders Breaded Chicken Patty Spicy Breaded Chicken Patty

Hamburger, Cheese Burger, Chicken Burger Patty

Romaine Lettuce Leaf, Tomato, Onion, Jalapenos Slices, Sautéed Onions & Peppers, Roasted Mushrooms, Swiss, American & Cheddar Cheese

Pizza Station

Cheese Pizza

Pepperoni Pizza

Daily Deli /Salad Station Options Built to Order

Vegetarian Baja Salad Ham & Cheese Sandwich, Sun Butter & Jelly Sandwich Sliced Bread, WG Wrap, Mini Sub Roll Tuna & Chicken Salad, Turkey & Ham Sliced

Swiss, American & Cheddar Cheese Romaine Lettuce Leaf, Banana Pepper & Pickle Slices, Tomato & Onion Slices

Reimbursable for Lunch or Vegetable and two other items

Reimbursable Meal for <u>Breakfast</u>

Student Must Take A Fruit items

Menu is subject to change

Home Entrée Station				
2	3	4	5	6
	Country Chicken	Meat Lover's Pizza	Roast Turkey w/ Stuffing	Korean Meatball
No School	Nugget Bowl	<u> </u>	Steamed Zucchini	Stew w/ Rice
Winter	Steamed Carrots	Campfire Beans	Steamed Zucchini	Steamed Broccoli
Holiday	Fresh Jicama Sticks	Celery Sticks	Baby Carrots	Fresh Cucumber
İ	Cucumber & Tomato Salad	Coleslaw	Three Bean Salad	Garden Salad
İ	Turkey Cobb Salad	Apple, Yogurt and Cheese Platter	Popcorn Chicken Salad	Chicken Nacho Salad
	Egg Salad Hoagie	Ham and Cheese Sandwich	Cheese Sandwich	Turkey and Cheese Wrap
9	10	11	12	13
Pancakes w/ Sauage	Fish Sticks	Veggie Pizza	Vegetarian Bean Chili	Chicken Pot Pie
Chicken Patty Sandwich	Macaroni and Cheese	<u> </u>	w Dinner Roll	
Tator Tots	Green Beans	Sweet Potato Fries	Kick in' Pinto Beans	Steamed Spinach
Fresh Broccoli	Red Pepper Strips	Fresh Zucchini	Fresh Celery Sticks	Fresh Baby Carrots
Coleslaw	Three Bean Salad	Garden Salad	Potato Salad	Cucumber Tomato Salad
Kickin pinto Taco Salad	Turkey Chef Salad	Beef Nacho Salad	Chicken and Cheese Salad	Tuna Salad Platter
Tuna Salad Hoagie	Ham and Cheese Sandwich	, ,	Tuna Hoagie	Ham and Cheese Wrap
16	17	18	19	20
	Penne Pasta w/	Buffalo Chicken Pizza	Chicken, Pasta and	Broccoli &
	Italian Meat Sauce	<u> </u>	Veggies w/Rosa Sauce	Cheese Baked Potato
No School	Green Beans	Steamed Carrots	Vegetarian Baked Beans	Steamed Spinach
MLK Day	Red Pepper Strips	Fresh Zucchini	Fresh Celery Sticks	Fresh Baby Carrots
•	Coleslaw	Potato Salad	Garden Salad	Three Bean Salad

Egg Chef Salad

Chicken Salad Sandwich

Roast Turkey w/Stuffing

Mashed Potato

Steamed Mixed Vegetables

Cranberry Sauce

Garden Salad

Tuna Salad Platter

Turkey Sandwich

Chicken Caesar Salad

Turkey Wrap

Sausage Jalapeno Pizza

Roasted Acorn Squash

Fresh Celery Sticks

Cucumber Tomato Salad

Ham & Turkey Cobb Salad

Ham and Cheese Hoagie

Salisbury Steak w/ Noodles

Green Beans

Red Pepper Strips

Potato Salad

Bean Nacho Salad

Ham and Cheese Sandwich

24

31

23

30

Meatloaf w/ Gravy

Italian Flatbread

French Fries

Fresh Tomato Wedges

Three Bean Salad

Fruit and Cheese Salad

Two Cheese Wrap

Cheese Pizza Sticks

w/ Sauce Sweet Golden Corn

Fresh Broccoli

Garden Salad

Chicken Chef Salad

Turkey Santa Fe Wrap

**Neshaminy School District** Free and Reduced Meal Application Information as well as nutritional information please visit



/schoollunches

Breakfast Available Daily for all Students

This institution is an equal opportunity provider.

